



Our mission is to encourage those within our Fellowship, from the Empty Nesters to the Silver Strands to become involved and plugged-in to God's work by sharing in activities that promote spiritual health and growth. As a group we will be involved in age-level service missions, evangelical outreach projects, educational pursuits and learning opportunities. Thru wholesome fellowship events and activities, we will recognize and promote strong focal points of need so that people may become involved in areas that may interest them.

May/June, 2010

VOLUME III

Older Adults Sharing In Service

EVENTS CALENDAR

SAVE-THE-DATE

Saturday July 3rd

The OASIS **Picnic in the Park** that was planned for May the 15th was canceled due to conflicting church activities. Isn't it nice to be so busy for the Lord?

The next planned fun OASIS gathering will be held at the **"Bonner's Hill"** on Saturday evening, July the 3rd. We will watch the Anderson fireworks in style.



The **Lazarus Lunch**

project was a great success. Tom Bryant organized this venture by requesting donations of various items to be assembled into gallon zip-lock bags.

On Sunday night the 25th of April, we enjoyed good food, song and fellowship with about 20 attending. And then we gathered in the gymnasium where Tom had created an assembly line table. Everyone grabbed one or more zip-lock bags and as we moved down the assembly line table, we promptly stuffed the items in. It only took a half an hour and the task was completed. At the end of the evening, there were three large containers of Lazarus Lunch bags ready for delivery. Those of so our congregation are asked to take one or more, put them in our cars and be prepared to distribute them on the streets to those in need.

If you have not distributed a Lazarus Lunch yet, you are in for a real treat. Everyone who has passed one out, has

been greeted with overwhelming gratitude. Try it, you will be surprised and the Lord will receive the glory.

What a great opportunity to show the love of our Lord in everyday situations.

"America the Beautiful" is an American patriotic song. The lyrics were written by Katharine Lee Bates and the music composed by church organist and choirmaster Samuel A. Ward. Bates originally wrote the words as a poem, *Pikes Peak*, first published in the July 4th edition of the church periodical *The Congregationalist* in 1895. The poem was titled *America* for publication.

In 1895, at the age of thirty-three Bates, an English professor at Wellesley College, had taken a train trip to Colorado Springs, Colorado, to teach a short summer school session at Colorado College. Several of the sights on her trip inspired her, and they found their way into her poem, including the World's Columbian Exposition in Chicago, the "White City" with its promise of the future contained within its alabaster buildings; the wheat fields of America's heartland Kansas, through which her train was riding on July 16; and the majestic view of the Great Plains from high atop Zebulon's Pikes Peak.

en.wikipedia.org/wiki/America_the_Beautiful



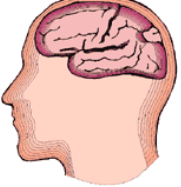
DID YOU KNOW?

Free Directory Service for Cells

Cell phone companies are now charging for 411 information calls. Most of us do not carry a telephone directory in our vehicle.

When you need to use the 411 information option, simply dial: (800)FREE411, or (800)

373-3411 without incurring any charge at all. Program this into your cell phone and you can access free information anywhere you go. **There is a caveat, however.** Be aware that in order for this service to be free, there will be advertisements aired during your connection. When using this service, listen carefully and voice activate the proper response to questions asked. *Do not press any keys* unless you really want to take advantage of the advertisement offered. Following these simple guidelines you will be surprised how easy and free it is to access information from anywhere on your cell phone.



EYE TEST

Count every 'F' in the following text:

FINISHED FILES ARE THE RESULT OF YEARS OF SCIENTIFIC STUDY COMBINED WITH THE EXPERIENCE OF YEARS...

(the answer is on page 2)



HOW TO STAY YOUNG

1. **Throw out nonessential numbers.** This includes age, weight, and height. Let the doctors worry about them. That is why you pay 'them'
2. **Keep only cheerful friends.** The grouches pull you down.
3. **Keep learning.** Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. 'An idle mind is the devil's workshop.'
4. **Enjoy the simple things.**
5. **Laugh** often, long and loud. Laugh until you gasp for breath.
6. **The tears happen.** Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you

are

alive.

7. *Surround yourself with what you love* , whether it's family, pets, keepsakes, music, plants, hobbies, whatever. **Your home is your**

refuge.

8. *Cherish your health:* If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.

9. *Don't take guilt trips..* Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is.

10. *Tell the people you love that you love them, at every opportunity.*

AND ALWAYS REMEMBER : Life is not measured by the number of breaths we take, **but** by the moments that take our breath away.

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"Obstacles are those frightful things you see when you take your eyes off your goal."

~~ Henry Ford

"I Can Do All Things through Christ Who Strengthens Me"

~~ Philippians 4:13

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Worry about nothing, pray about everything!!!
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Fresh Strawberry Jam with Splenda

For best results, use ripe strawberries. The results of this jelly is a little more tart than when using sugar.

3 lb crushed strawberries (purchase about 3-4 pints)

¾ C water

1 (1.75oz box Sure-Jell (no sugar needed recipies "pink box")

¼ C Splenda granulated sugar blend

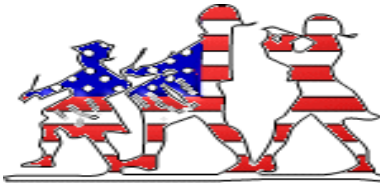
Crush berries with potato masher or pulse in food processor. Place crushed strawberries in a large saucepan with water and Sure-Jell. Bring to a hard boil (one that can't be stired down) for 1 minute, stirring constantly. Remove from heat and add Splenda; stir to mix well. Skim off foam and then ladle into clean jars. Allow cooling at room temperature for 24 hours. Refrigerate.

NOTE: If you don't want to store in refrigerator, then you need to do a hot water bath for 10 minutes.

HOT WATER BATH: Immediately after filling jars with jam, place into rack of canner. Cover over with hot water and then bring to a boil for 10 minutes. Remove from water to cool completely.

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<http://thehappycooker.com>

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### "America the Beautiful"

O beautiful for spacious skies,  
For amber waves of grain,  
For purple mountain majesties  
Above the fruited plain!  
America! America!  
God shed his grace on thee  
And crown thy good with brotherhood  
From sea to shining sea!

O beautiful for pilgrim feet  
Whose stern impassioned stress  
A thoroughfare of freedom beat  
Across the wilderness!  
America! America!  
God mend thine every flaw,  
Confirm thy soul in self-control,  
Thy liberty in law!

O beautiful for heroes proved  
In liberating strife.  
Who more than self their country loved  
And mercy more than life!  
America! America!  
May God thy gold refine  
Till all success be nobleness  
And every gain divine!

O beautiful for patriot dream  
That sees beyond the years  
Thine alabaster cities gleam  
Undimmed by human tears!  
America! America!  
God shed his grace on thee  
And crown thy good with brotherhood  
From sea to shining sea!

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THINGS CHANGE WITH TIME

Here are some new concerns for the "Boomer generation":

Then: Long hair
Now: Longing for hair

Then: Acid rock
Now: Acid reflux

Then: Moving to California because it's cool
Now: Moving to California because it's warm

Then: Trying to look like Marlon Brando or Elizabeth Taylor

Now: Trying not to look like Marlon Brando or Elizabeth Taylor

Then: Paar
Now: AARP

Then: Worrying about no one coming to your party
Now: Worrying about no one coming to your funeral

Then: Rolling Stones
Now: Kidney stones

Then: Obsessing over PSATs
Now: Obsessing over PSAs

Then: Passing the driving test
Now: Passing the vision test

Then: Parents begging you to get your hair cut
Now: Children begging you to get their heads shaved

Then: Disco
Now: Costco

Then: Getting out to a new, hip joint
Now: Getting a new hip joint

Most things change with time. We grow old, gain wrinkles and lose hair. People around us move away and die. You may change jobs, and move from city to city every few years. Ever gone back to the place where you grew up to see what it looks like now? Things change. And life can be very unsettling if it is not grounded on something that does not change through the years.

Fortunately we have this assurance: **"Jesus Christ is the same yesterday, today, and forever."** (Heb. 13:8).

Even if we become faithless, He remains faithful (2 Tim. 2:13). When all others let us down, His love will still be there for us. You can count on it. What comfort and assurance that gives us! Praise be to God for his unchanging nature!

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### EYE TEST

**THERE ARE 6 -- no joke.  
READ IT AGAIN !**

**Incredible or what? Go back and look again!!**

**The reasoning behind is The brain cannot process 'OF'.**

**Anyone who counts all 6 'F's' on the first go is a genius.**

**Three is normal, four is quite rare.**